



Lake Superior

Old Woman Lake to Sand River

The route encompasses some interesting lake and river (Sand River) scenery. Water levels can fluctuate along this route. Be aware that wind and wave conditions on large lakes, such as Gamitagama and Old Woman can pose problems.

This is the recommended route to Old Woman Lake. The former route from Mijinemungshing Lake through Mirimoki to Old Woman is impassible due to low water levels. The current low levels on Mijinemungshing Lake are due to a deteriorated dam on the Anjigami River, a relic from the 1920's logging era.

There are two options to complete the entire route:
1. Gamitagama Lake to Old Woman Lake to lower Sand River, downstream to Lake Superior (recommended when the levels on Sand River are sufficient).
2. Sand Lake (via the Algoma Central Railway), down the upper Sand River to Wildcat Lake to Old Woman Lake to Gamitagama Lake (recommended when water levels are low on the Sand River).

Canoeists may also choose to paddle several of the lakes, departing from and returning to Gamitagama Lake.

Length:
1.xx km from Gamitagama Lake to Sand River; 25 km additional down Sand River to Lake Superior; 15 portages from Gamitagama Lake to Sand River; 17 portages down Sand River to Lake Superior

2.30 km from Sand Lake, down the Sand River to the portage to Wildcat Lake; xx km to Gamitagama access point; 12 portages along the Sand River; 17 portages from Wildcat Lake to Gamitagama access point

Time: Allow 6 days for either complete trip. Allow 2-3 days for a return trip from Gamitagama Lake to Old Woman Lake.

Legend

- Designated Campsite
- Contour (20 metre or 65.5 ft intervals)
- Canoe Route
- Portage
- Lakes and Large Streams
- Wetlands
- Missing_portage_segments



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